PE Overview 2022 / 2023

Holmer Lake School

Term	Reception	KS1		LKS2			UKS2		
		Class 1P	Class 12M	Class 3N	Class 34W	Class 4L	Class 5J	Class 56G	Class 6M
Autumn 1		Multi-Skills	Multi-Skills	Kwik Cricket	Kwik Cricket	Kwik Cricket	Kwik Cricket	Quick-Sticks Hockey	Quick-Sticks Hockey
Autumn 1	First PE	Gymnastics (lessons 1-6)	Gymnastics (lessons 1-6)	Gymnastics (lessons 1-6)	Gymnastics (lessons 1-6)	Gymnastics (lessons 1-6)	Gymnastics (lessons 1-6)	Gymnastics (lessons 1-6)	
Autumn 2		Ball Skills	Ball Skills / Football	Football	Football	Football	Football 4wks Basketball 3 wks*	Football 4wks Basketball 3 wks*	Football 4wks Basketball 3 wks*
Autumn 2	Dance (word moves)	Dance (Winter Dance)	Dance (Winter Dance)	Dance (Greatest Showman)	Dance (Greatest Showman)	Dance (Greatest Showman)	Dance (Egyptian Dance)	Dance (Egyptian Dance)	
Spring 1		Ball Games	Ball Games	Basketball	Basketball	Basketball	Basketball 2 wks* Football 5 wks	Basketball 2 wks* Football 5 wks	Basketball 2 wks* Football 5 wks
Spring 1	Multi-skills	Gymnastics (lessons 7-12)	Gymnastics (lessons 7-12)	Gymnastics (lessons 7-12)	Gymnastics (lessons 7-12)	Gymnastics (lessons 7-12)	Swimming	Swimming (Y5) Y6 with 6M	
Spring 2		Tag Rugby	Tag Rugby	Tag Rugby	Tag Rugby	Tag Rugby	Tag Rugby	Tag Rugby	Tag Rugby
Spring 2	Gymnastics	Mini Muay Thai	Cricket (Chance to Shine Coach) from 13.02.22	Cricket (Chance to Shine Coach) from 13.02.22	Cricket (Chance to Shine Coach) from 13.02.22	Cricket (Chance to Shine Coach) from 13.02.22	Swimming last session 20.03.22	Swimming (Y5) Y6 with 6M	
Summer 1	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Summer 1	Dance (Jungle Dance)	Dance (Fairy Tale Dance)	Dance (Fairy Tale Dance)	Dance (Eco Warrior)	Dance (Eco Warrior)	Dance (Eco Warrior)	Dance (Stomp)	Dance (Stomp)	
Summer 2	Enjoy a Ball	Dodgeball	Dodgeball	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders
Summer 2	Balls Skills through Tennis	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis	

Outdoor Lesson	Indoor Lesson
Sports Coach	Class Teacher